The Study of Parents’ Behaviors in Taking Care of
School-age Children with Nephrotic Syndrome

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Key words: parent’s behaviors, taking care, school-age children, nephrotic syndrome

Nephrotic Syndrome (NS) is one of chronic disease most often seen in preschool and
school-age children. This disease could be accounted as cured if it was proper treated and
patients positively respond to steroid as well as good self-care

This study aimed to explore parents’ behaviors in taking care of school-age children with
NS. The sample was 136 children with NS who were treated at Siriraj Hosiptal, Chulalongkorn
Hospital, Queen Sirikit National Institute of Child Health, and Bangkok Metropolitan
Administration Medical College and Vajira Hospital. Parents were interviewed regarding
behaviors in taking care of their children. Data were analyzed by frequency distribution,
percentage, mean, and standard deviation.

The results revealed that parents’ behaviors in taking care of school-age children in many
aspects were in the good level such as general health, specific care for NS, care for abnormal
symptom, prevention of infection, and follow up appointment. However, there were still some
aspects that parents behaved improperly such as not allow children to exercise, not allow children
to help in household activities, skin care, care during diarrhea and fever, and not take children to
the public.

The researcher recommended that nurses should educated parents regarding care of
children continually and let parents asked questions to confirm their understanding. In addition,
nurses should be a liaison to cooperate continuing care hospital to home.