Factors influencing health promoting behaviors of elderly in the communities of Bangkok Noi District, Bangkok Metropolis.

Duangjai Rattanathanya
Waranee Dumrongrat

Abstract: The purposes of this study were to explore factors influencing health promoting behaviors of the elderly and to compare health status, smoking and alcoholic drinking behaviors between male and female elderly in Bangkok Noi District, Bangkok Metropolis. An accidental sample of 83 the elderly (aged 60-85 years) was recruited. There were 35 males and 48 females. Data were collected using a structured interviewed format which contained instruments: demographic information, perceived health status, smoking and alcoholic drinking behaviors, family information, perceived benefit of health promoting behaviors, and health promoting behaviors of the elderly. Descriptive statistics and ordinary multiple regression were used.