A Model for Applying Evidence to Nursing Practice

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Abstract

All clinicians who wish to apply evidence to practice should consider how to do so most effectively and how to incorporate patient preferences into their decision-making. Because nursing practice is commonly embedded in institutional settings, nurses who wish to apply evidence must also consider the relevant institutional resources and constraints. This article describes a five step process for applying evidence to nursing practice and a three step process for evaluating the results of that application.

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